



Patient Resource Packet

This Patient Resource Packet is provided to you by Pink Ribbon Connection and is filled with resources to assist you in your journey. In it you will find information on:

- Pink Ribbon Connection Local Peer Counseling Help Line 317-255-PINK (7465)
- Online Breast Cancer Resources
- Communicating with Your Children About Cancer
- Communicating with Family and Friends About Cancer
- Resources for access to Prostheses, Bras, Swimwear, and Lymphedema Garments
- Resources for access to Wigs, Hats, Turbans, and Accessories
- Local Breast Cancer Resource Organizations that partner with Pink Ribbon Connection
- Clinical Trials

The Pink Ribbon Connection does not necessarily endorse those listed in this booklet, but provides the listing as a resource for breast cancer survivors and their communities.

Pink Ribbon Connection was founded by a network of breast cancer survivors. In addition to this resource packet, Pink Ribbon Connection services also include:

- Peer Counseling Help Line for connecting with a breast cancer survivor who has been there. (317-255-PINK)
- Website providing both information and linkages to other resources
www.pinkribbonconnection.org
- Distribution of the Monthly Pink Letter, an online newsletter offering articles and tips for patients and their families including a calendar of area breast cancer events and information on clinical trials
- Periodic Informational Meetings, which are opportunities to hear professional speakers on various breast cancer issues, as well as the opportunity to connect with other patients and their families
- A well-stocked, comfortable library in our office where you can access books, DVDs and a variety of resources for patients and their families
- Free wigs, bras, prosthetics, and scarves.

The mission of Pink Ribbon Connection is to provide emotional support, local resources and education to those touched by breast cancer across Indiana.

Pink Ribbon Connection
1139 Shelby Street • Indianapolis, IN 46203
Office and Help Line 317-255-PINK (7465)
www.pinkribbonconnection.org



TALKING WITH YOUR CHILDREN

Parents find it very difficult to tell their children about cancer. There are a couple of basic guidelines that can help parents discuss their cancer diagnosis with their children. However, the type of discussion you have with your children will depend on their ages. Children of any age can sense when something is wrong and they usually imagine the worst possible problem. Telling them what is going on can actually alleviate some anxiety and fear that they may be feeling. It is important to answer only the questions your children ask and nothing more. Children, especially between the ages of 6-10, can only handle little bits of information at a time. As they ask for more detail you can provide it to them, but try to focus on what their concerns are for the moment.

Answer your children's questions as honestly as possible. An environment of honesty and openness can help children deal with the crisis that results when a parent is diagnosed with cancer.

Up to 2 years old For small children, their biggest concern comes from the disruption of their daily routine. They do not understand the concept of cancer, but will be disturbed if their parent is away for several days, or is too tired to play. Establish a new routine as soon as possible, one that can accommodate your recovery and treatment needs. Ask for help from friends and family to give them extra attention and love.

Ages 2 to 7 years For younger children, it is very common that they assume they might be responsible for you getting cancer. For instance, they may think that because they got in trouble at school you got cancer. Use simple terms to explain your illness, like "good" and "bad" cells. Remind your children often that cancer is not something you catch and that they did not do anything to cause your cancer.

Try to explain the treatments and procedures that you will have in terms of how it will affect them and their routine. For instance, "I will be having chemotherapy next week, and it will make me very tired. I won't be able to drive you to school then, but Susie's mother will come to our house to pick you up at your regular time." Or, "When I have the medicine that will remove my cancer cells, my hair will fall out and you will see me without any hair. Sometimes I will wear a hat or a wig to keep me warm and comfortable. My hair will grow back."

Ages 7 to 12 years School-aged children will understand more about the causes and effects of a serious illness, but you should still keep your explanations simple. They may hesitate to bring up a concern or a fear they have because they are afraid of burdening the parent who is facing cancer. It is good to ask them once a week how things are going and how they are feeling. By encouraging them to verbalize their concerns, you are teaching them how to handle crisis in a positive way, and you will also have a sense of how your child is coping.

Be sure to watch for changes in school performance, as well as eating and sleeping patterns. Any changes may be an indicator that your child is worried and unable to verbalize his or her feelings.

Ages 12 and older Children at this age can understand most aspects of breast cancer causes and treatments. You should spend time listening to their concerns and trying to help them get the best information to answer their questions. Older teenagers may want to know detailed information about breast cancer and may want to do their own research about the illness. Others may want to rely only on what you tell them.

Each child may respond differently to their parent's illness. Some may get angry and distant. Others may feel insecure and scared. If they are having a hard time talking to you, encourage them to talk with other members of the family, or to a teacher or friend.

Just like you, children will have to react to the wide-range of emotions that occur when cancer invades a family. Fear, sadness, insecurity, anger, and curiosity are just some of the feelings they will have. Keep talking to and with them. Try to plan activities for the whole family on a regular basis. Most importantly, try to give them extra love and attention—it will benefit everyone.

Helpful Books:

When a Parent Has Cancer: A Guide to Caring for Your Children By Wendy Schlessel Harpham MD

How to Help Children Through a Parent's Serious Illness By Kathleen McCue, MA, CCLS with Ron Bonn



TALKING WITH FAMILY AND FRIENDS

Telling people who are mature and sensitive enough to handle a disclosure of cancer will relieve you of the burden of inventing explanations, or being on guard against discovery of your illness. You may find unexpected sources of support and understanding from others, including people who have struggled with a life-threatening illness.

Here are ten suggestions on communicating with your friends and family:

1. Be honest and direct. Give clear guidelines about what others can do to help you.
2. Don't assume people know what you need, or what the "right" thing to do is.
3. If you don't feel like company, say that you appreciate their concern but would much rather they visit you at another time, when you feel better.
4. Some people are better at coping with a crisis than others. Most people truly care, but don't know what to say or do. Accept their limitations.
5. If you just need to be with someone or want them to just listen to you, tell them so. Explain to them that you don't expect answers or solutions; you just want them to listen to your concerns.
6. Coping with breast cancer may reveal long-standing problems in a relationship, like poor communication or lack of trust—problems clearly not caused by cancer. Recognizing this may allow you to let go of old behaviors and patterns while identifying ongoing stressful relationships.
7. Even thoughtful family and friends may be impatient for you to "get over" your experience. You have survived an ordeal—do not let their expectations pressure you to ignore your feelings.
8. Give yourself permission to explore ways to enhance your health and self-esteem. Focus on building a stronger sense of self and purpose to survive your treatments.
9. You can become preoccupied with the cancer so much that certain feelings linger and you may become stuck in the process of emotional healing. Get assistance from a support group or therapist to help you move forward.
10. While it is not your responsibility to take care of others' feelings, understand that they, too, are trying to cope.



BREAST CANCER INTERNET RESOURCES

Breast Cancer Specific Information and Support

www.breastcancer.com	Reliable, complete, and up-to-date information about breast cancer disease
www.breast-cancer-info.net	Information about breast cancer
www.breastcancer.net	Breast Cancer Network
www.BreastLink.org	Breast Cancer Care & Research-news about breast cancer & treatment options
www.celebratinglife.org	The Celebrating Life Foundation -especially for African-American women.
www.lbcc.org	"Living Beyond Breast Cancer", by Marisa Weiss, MD
www.SusanLoveMD.com	Dr. Love, authority about breast cancer or menopause
www.youngsurvival.org	Young Survival Coalition, dedicated to issues for women 40 and under
www.nationalbreastcancer.org	Increasing awareness through breast cancer education
www.natlbcc.org	National Breast Cancer Coalition-nation's largest breast cancer advocacy group
www.networkofstrength.org	Breast Cancer Network of Strength, formerly Y-ME National Breast Cancer
www.avoncrusade.com	Avon Breast Cancer Awareness Crusade
www.breastcancerfund.org	Breast Cancer Fund
www.cancerhopenetwork.org	Cancer Hope Network
www.breastcancerfyi.org	For Bloomington to Indianapolis providing links to news, events & resources
www.canceradvocacy.org	National Coalition for Breast Cancer Survivorship advocates for quality cancer care for all Americans. Site includes Cancer Survival Toolbar.
www.nabco.org	Resources & info on Stage 4 breast cancer & chemotherapy for breast cancer
www.whatnext.com	Breast Cancer Network – Blog allows individuals to share related experiences

General Cancer Information and Support

www.cancer.gov	The National Cancer Institute
www.aicr.org	American Institute for Cancer Research-fosters research on diet and cancer prevention
www.cancer.org	American Cancer Society, Inc.
www.cancercare.org	Cancer Care, Inc., a New York-based nonprofit organization.
www.cansearch.org	National Coalition for Cancer Survivorship.
www.eortc.be	European Organization for Research and Treatment of Cancer
www.littlereddoor.org	Little Red Door, Marion County only, has wig boutique, low-income screenings
www.livestrong.org	The Lance Armstrong Foundation inspires and empowers people with cancer
www.mdanderson.org	MD Anderson Cancer Center (University of Texas)
www.mskcc.org	Memorial Sloan-Kettering Cancer Center
www.nccn.org	The National Comprehensive Cancer Network (NCCN), is dedicated to improving the quality and effectiveness of care provided to patients with cancer
www.plwc.org	People Living With Cancer, from the American Society of Clinical Oncology, provides cancer information to help patients and families make informed health-care decisions
www.twc-indy.org	The Wellness Community, Central Indiana - provides support, education and hope for people with cancer
www.uicc.org	International Union Against Cancer
www.cis.nci.nih.gov	Cancer Information Service of the National Cancer Institute
www.preventcancer.org	Cancer Research Foundation of America/Prevent Cancer Foundation

General Health and Women's Health Information

www.womenshealth.gov/	The federal government source for women's health information
www.cdc.gov	Centers for Disease Control
www.healthfinder.gov/	Key consumer site for finding the best government and nonprofit health and human services information on the Internet
www.healthywomen.org	National Women's Health Resource Center
www.mautnerproject.org	National Lesbian Health Organization, gives information and help finding services

Indiana, Local Resource Information

www.in.gov/isdh/dataandstats/cancer.htm	Indiana Cancer Control Plan
www.in.gov/isdh/programs/bccp/	Indiana State Dept of Health Breast & Cervical Cancer Program
www.connect2help.org/	Connecting Central Indiana with Resources (or call 211)

Cancer Care - Local & National

www.iuhealth.org	Indiana University Health <i>formerly Clarian/Methodist Hospitals</i>
www.ecommunity.com	Community Hospitals
www.cancer.iu.edu/	Indiana University Cancer Center
www.stfrancishospitals.org	St. Francis Hospital
www.stvincent.org	St. Vincent Hospital
www.eskenazihealth.edu	Eskenazi Health Services
www.mayoclinic.org	The Mayo Clinic
www.oncolink.upenn.edu	University of Pennsylvania Cancer Center
www.uccrc.uchicago.edu/current/home.html	The University of Chicago Cancer Research Center

Medical Dictionaries

www.cancer.gov/dictionary	http://cancerweb.ncl.ac.uk/omd	www.stedmans.com
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Finding a Doctor or Nurse

www.ama-assn.org/	American Medical Association
www.acog.com	American College of Obstetricians & Gynecologists
www.acr.org	American College of Radiology
www.amwa-doc.org	American Medical Women's Association
www.asco.org	American Society of Clinical Oncology
www.ons.org	Oncology Nursing Society
www.plasticsurgery.org/	Learn about breast reconstruction or find a reconstructive surgeon.

Cancer Resources

www.chemochicks.com	Empowering women with style, humor and dignity
www.mamm.com	MAMM Magazine, devoted to meeting the needs of women diagnosed with breast and reproductive cancer
www.motherisk.org	Motherisk provides information related to cancer in pregnancy
www.pregnantwithcancer.org	A network for women who are diagnosed with cancer while pregnant
www.sharecancersupport.org	SHARE, Self-Help for Women with Breast or Ovarian Cancer
www.ywca.org	ENCOREplus a breast and cervical cancer program that provides outreach, education and screening mammograms to women most in need

Support for Children, Spouses, Caregivers, & Families

www.cancercareforkids.org	Addresses special needs and concerns of children and teens
www.caregiver.org	The Family Caregiver Alliance
www.caringbridge.org	Free personal, private websites to keep connected w/family and friends
www.thefamilycaregiver.org	The National Family Caregivers Alliance
www.gildasclub.org	Gilda's Club, Inc.
www.kidscope.org	KidsCope, Inc. Understanding, coping, materials for kids and families
www.kidskonnected.org	Kids Konnected, provides friendship, understanding, education, and support for children who have a parent with cancer
www.cancer.gov/cancertopics/coping/careing-for-the-caregiver	National Cancer Institute
www.menagainstbreastcancer.org	Men Against Breast Cancer - support sessions and pamphlets to educate men to be better caregivers.
www.rosalynncarter.org	National Quality Care Network – to improve the quality of long-term, home and community-based care
www.wellspouse.org	Well Spouse Association, support for wives, husbands and partners

Treatment Focused Sites

www.lymphnet.org	National Lymphedema Network, Inc., provides education and guidance
www.bmtinfonet.org	Provides publications and support to bone marrow, peripheral blood stem cell and cord blood transplant patients and survivors.
www.chemotherapy.com	General information about chemotherapy and links to resources
www.cancercenter.com	Cancer Treatment Centers of America
www.cancerlinks.com/radiation	Radiation Therapy information and education
www.breastcancer.about.com/od/radiationtherapy	Radiation Therapy information and education
www.breastdiseases.com	Online Management of Breast Diseases

Information About Financial Assistance with Medicines

www.institute-dc.org/ The Cost Containment Research Institute in Washington, D.C.
www.pparx.org/Intro.php The Partnership for Prescription Assistance
www.patientadvocate.org Helps to solve insurance and health care access problems.

National Library and Bibliographic Web Sites

www.cancer.gov/search/pubmed Links to literature through the National Cancer Institute
www.nlm.nih.gov/medlineplus/ MedlinePlus brings together authoritative information from NLM, the National Institutes of Health (NIH), and other government agencies and health-related organizations
www.nlm.nih.gov/ The National Library of Medicine (NLM) homepage
www.jnci.oxfordjournals.org Journal of National Cancer Institute

Local Library and Bibliographic Web Sites

www.imcpl.org Indianapolis, Marion County Public Library System
www.medlib.iupui.edu Ruth Lilly Medical Library of the Indiana University School of Medicine



WIGS, BRAS, PROSTHESES, SWIMWEAR & LYMPHEDEMA GARMENTS

ABC Beauty & Fashions

2240 East 53rd Street Indpls, IN
(317) 255-5655 *Call for appt. Tues.-Sat.

AC & Co. Hair & Beauty Centre

719 S. Range Line Rd, Carmel
(317) 566-0556

American Cancer Society - Wig Bank

5635 W. 96th St, Ste 100 Indpls, 46278
(800)850-9445 www.tlcdirect.org

Apollo Hair Clinics

8902 N Meridian Street # 140, Indpls, IN 46260
(317) 575-6200 Bill Hayden

Avante Hair & Fashion Boutique

8808 Southeastern Ave. Wanamaker, IN 46239
(317)862-2800

Barbara's New Beginnings

8635 River Crossing Blvd. Indpls, IN 46240
(317) 844-1600 *Specializing in large sizes

Barton-Carey Lymphedema Products

PO Box 421, Perrysburg, OH 46552
(800) 421-0444

Beauty 4 You

6388 East 82nd St, Indpls, 46250
(317) 845-1541 *ask for the manager of the wig department

Bee Unique Boutique

Benesse Oncology Center
2455 Intelliplex Drive, Shelbyville, IN 46176
(317) 421-1800 (800) 701-4461

Bevers Home Health Boutique

Don & Dana Meyers Cancer Care Center
200 S. Pine Street, Seymour, IN, 47274
(812) 523-5231 www.beversfamilypharmacy.com

The Cancer Center Boutique

Ball Memorial Hospital
2401 W University Ave, Muncie, IN 47303
(765) 751-5302

The Cancer Center Boutique

Forest Ridge
2200 Forest Ridge Pkwy, New Castle, IN 47362
(765) 593-2960 ext. 2

Central Brace & Limb – St. Vincent

St. Vincent Professional Building
8402 Harcourt Rd, Suite 108 Indpls, 46260
(317) 872-1596

Central Brace & Limb - Methodist

1901 North Capitol, Indianapolis, IN
(317)925-4296

Central Brace & Limb – St. Francis

5144 E. Stop 11 Rd, Ste 23, Indpls, 46237
(317) 859-1269

Central Brace & Limb - Bloomington

641 S. Walker, Ste D, Bloomington, 47403
(812) 334-2524

Central Brace & Limb –Terre Haute

500 E. Springhill Dr. Ste G, Terre Haute, 47802
(812) 232-2145

Central Brace & Limb – Kokomo
802 S. Berkley Rd, Kokomo, 46901
(765) 457-4868

Chemo Savvy - Headwear for Hard Times
(888) 599-3560 for catalog www.chemosavvy.com

Clara Fairbanks Center for Women Boutique
1711 N 6 ½ St. Ste 300, Terre Haute, 47804
(812) 238-4540 Dawn Kennedy, CFOM

Hair Technologies
1980 E. 116th St Ste 345, Carmel, IN
(317) 753-7524 by appointment only
dlhair@hotmail.com - Experienced Cutting, Styling,
Fitting and Hair Integration Services

CJ's Hair Technologies
1442 S. Hart St, Vincennes, IN
(812) 882-3800 www.CJSHair.com

The Comfort Shoppe
Community Hospital Anderson
1515 N. Madison Ave., Anderson 46011
(765) 298-1622
www.CommunityAnderson.com/ComfortShoppe

Comfort Wigs Etc.
www.comfortwigsetc.com
Custom Hairpiece Sales and Service by Sarah
5610 Crawfordsville Rd., Ste 707 Indpls, 46224
(317)924-3231

Dazzles Salon Chris Lilley
10945 Beech Wood Dr East, Indpls
(317) 844-5564

Debralene's Customized Wigs
6350 Oaklondon Road, Indpls, IN
(317) 823-8833 www.debralenes.com

Doctors Park Pharmacy
2012 Doctors Park Dr., Columbus, IN
(812) 372-1829 www.drparkrx.com
Bras, Prostheses, and Camisoles

Euphoria Post-Mastectomy Boutique
4905 East Main Street, Avon, IN 46123
317-718-0800 www.euphoriaofavon.com

Expressions, A Store for Women
IU Health North Medical Center
11700 N. Meridian St. Carmel, IN
(317) 688-2821
<http://www.iuhealthmaternityservices.org>

Far Beyond Beauty (wigs)
734 N. State St. Greenfield, IN 46140
(317) 467-0555 Angie Ficarra

Figleaf Boutique East
Inside Jasmine gift shop at the main entrance
Community East Hospital
1500 North Ritter Ave., Indpls, IN 46219
(317) 355-3441 www.ecommunity.com/shops

Figleaf Boutique North
The Gallery at Community North Hospital
7150 Clearvista Dr, Indpls, IN
(317)621-LEAF www.ecommunity.com/shops

Figleaf Boutique South
Inside Jasmine gift shop at the main entrance
1402 E. County Line Road South, Indpls, IN 46227
(317) 887-7111 www.ecommunity.com/shops

General Mart
2802 Lafayette Rd Ste 21, Indpls, 46220
(317) 925-3411

Ginger and Spice
5201 E. US Hwy 136 at Prestwick, Avon, 46123
(317) 745-3175 Fitter: Cleta

Good Wishes (free scarf for hair loss)
888-778-5998
<http://www.goodwishesscarves.org/index.html>

Grandview Pharmacy
2320 Park Road, Connersville, IN 47331
Denise Roberts (765) 827-7535

Hair-a-Palooza*
10202 E Washington Street # 626, Indpls 46229
Inside Washington Square Mall
(317) 897-8995 *can make custom wigs

Hair for You - Deborah J. Boso
2336 Santa Fe Dr., Greenfield, IN 46140
(317) 462-9786 (317) 502-4308 – cell

Hair Zone

107 Platter Drive, North Vernon, IN 47265
(812) 346-2200 Robin Nelson or Andi Whitehead

The Health Care Advocacy Group.org

Wigs, turbans, and scarves. Web-based with a personal touch. Seymour, IN

Hip Hats with Hair

www.hatswithhair.com (877) 447-4287

Indiana Wig & Boutique

5231 E. 38th St., Indpls 46218
(317) 547-8989

Inspirations Salon (wigs)

610 S. Main St. Cloverdale, IN
(765) 795-5551 Lynda Brackin

J.C. Penney - Metropolis Mall

Plainfield, IN 46168
(317) 837-0042 X319 Sandy Slusser

J.C. Penney - Honey Creek Mall

3401 S. US Hwy 41, Terre Haute, IN
(812) 232-3881

Just in Time, Inc.

(215) 247-8777 <http://www.softohats.com>
Hats for women with hair loss (100% cotton)

Kim's Beauty Supply

9909 East 38th St Indpls, IN (317)898-2740

Koton Scarves LLC

www.kotonscarves.com (317)731-2206
340 Miami St. Indpls, IN 46204

Ladies First, Inc.

www.ladiesfirst.com (800) 497-8285
Post mastectomy products designed by breast cancer survivor, Linda Jackson.

Little Red Door Cancer Boutique

1801 North Meridian Street Indpls, 46204
(317) 925-5595 *Qualified residents of Marion Co.

Lymphedivas

(866) 411-DIVA www.lymphedivas.com
Fashionable arm sleeves & gauntlets for Lymphedema

Magnolia's Post Mastectomy Boutique

www.magnoliaspostmast.com
625 South St Rd 67, Mooresville, IN 46158
(317)831-3220 magnolias217@sbcglobal.net

The Main Attraction

1010 E. Main Street, Greensburg, IN 47240
(812) 662-8199 Patty Stephens

Marigold Clothing

6512 N. Cornell Ave. Indpls, 46220
(317)254-9939 www.MarigoldClothing.com

Marileen Couture

342 N. 525 W. Greenfield, 46140
(317) 894-7602 Fitters: Eileen Durant, Mary Crosby

Mass Appeal (wigs)

700 Massachusetts Ave., Indpls 46204
(317) 635-4737 Jeff Johnson

Merle Norman (wigs & prosthesis)

Faith Alliance Room
136 W Main St, Crawfordsville IN 47933
765-362-0448 Tracie Bedwell CFm

Paula Young Fashion Wigs

www.paulayoung.com (800) 364-9060

Pavilion Boutique Witham Health Services

2705 N. Lebanon St. Ste 100, Lebanon, IN
(765) 485-8432

Riverview Women's Boutique

Terri McCall, Manager
395 Westfield Rd. Noblesville, 46060
(317) 770-2444 www.riverview.org

Saazo

Greenwood Mall U.S.31 Indpls, IN
(317)859-0202 www.saazohair.com

Sarah's Custom Hair Pieces

5610 Crawfordsville Rd # 707, Indpls, IN
(317) 924-3231

Shar's Hair – Wig Boutique*

8330 Naab Rd Ste 130, Indpls, IN 46260
(317) 652-6300 or (866) 721-8537
www.sharshair.com *Willing to make house or
nursing home calls or hospital visits at no charge.

The Special Woman Boutique

8770A Commerce Place, Indpls, 46268
(317) 876-3770

Spirit of Women-Franciscan St. Francis Health

8111 S. Emerson Ave. Indpls, 46237
(317) 782-7794 Mindi Matthews

Style Salon

820 E. 64th St., Indianapolis, IN 46220
(317)202-9120 Suzannah Hoblely
Wigs – free or reduced

Transitions of Indiana (wigs)

3500 De Pauw Blvd, Indpls 46268
(317) 522-2991

Wigs We Care - Fran Barnett

850 N. Madison Ave. Greenwood, 46142
(317) 889-1635 www.wigswecare.com
Prostheses, Bras, Swimwear and Lingerie

Wig Mart

5050 E. 38th St. Indpls, 46226 (317) 546-8100

The Wiggery

2102 Broadway Anderson, IN (765)642-0044

Wigs-n-More

1031 North Meridian St Anderson, IN
(765)642-8855

Wig Wam

313 West 17th Street, Bloomington, IN 47404
(812) 332-4914

Williams Brothers Healthcare Pharmacy

10 Williams Bros. Dr., Washington, IN 47501
(812) 254-2497 www.wbhcp.com
Ask for the intake department for an appointment

Women's Health Boutique

Physician's Medical Plaza
8550 Naab Road, Suite 201, Indpls, IN
(317) 338-8866 www.stvincent.org

Women's Health Boutique

St. Vincent Carmel Hospital
13450 N. Meridian St., Ste. 140, Carmel, IN
(317) 582-8080 www.stvincent.org

Young Wig Inc.

3923 E 10th St, Indpls, IN (317) 354-0973



LOCAL BREAST CANCER RESOURCES

American Cancer Society-Central Indiana
5635 W. 96th Street, Suite 100, Indpls, IN 46278
(317) 344-7800 www.cancer.org

*Serves all types cancer; promotes public awareness.
Special programs: I Can Cope; Reach to Recovery*

American Cancer Society-Southeast Indiana
4567 Progress Drive, Columbus, IN 47201
(877) 499-4673 www.cancer.org

*Serves all types cancer; promotes public awareness.
Special programs: I Can Cope; Reach to Recovery*

Black Nurses Association of Indianapolis
3737 N. Meridian St. Suite 303
Indianapolis, IN 46208
317-926-4011; Maple Murrell
www.bna-indy.org

The National Black Nurses Association's mission is to provide a forum for collective action by black nurses to investigate, define and advocate for the health care needs of African Americans and to implement strategies that ensure access to health care, equal to, or above health care standards of the larger society.

Boone County Cancer Society, Inc.
117 E. Elm St., Lebanon, IN 46052
(765) 482-2043 bccs46052@att.net

The Boone County Cancer Society serves cancer patients who are residents of Boone County and provides services, patient and family support and educational programs within the county.

Breast and Cervical Cancer Program
Indiana State Department of Health
2 North Meridian St., Indpls, 46204
(317) 233-7405 <http://www.in.gov/isdh/19859.htm>

The Indiana Breast and Cervical Cancer Program (BCCP) is the Hoosier implementation of the National Breast and Cervical Cancer Early Detection Program (NBCCEDP). The BCCP provides access to breast and cervical cancer screenings, diagnostic testing, and treatment for underserved and underinsured women who qualify for services.

Breast Cancer: FYI for South-Central Indiana
www.breastcancerfyi.org

There are thousands of Web sites offering information about breast cancer, but few feature information about groups, organizations and events in south-central Indiana. Breast Cancer: FYI seeks to fill that gap with links to local and area resources.

Cancer Association of Shelby County
31 Public Square, Shelbyville, IN 46176
317-398-0100 Hours are Monday-Friday 10am-5pm
Serves all types cancer; promotes public awareness.

Cancer Service of Grant County
305 S. Norton Ave. Marion, IN 46952
Pamela Morton, BESS-Komen Coordinators
bessoffice@grantcountycancer.org
765-664-6815
<http://www.cancerservicesgrantco.com>

Underserved women in Grant County are provided with a completely comprehensive holistic program that removes all barriers women may face to receive screening as well as navigation throughout the entire process, even if the process includes a diagnosis of Breast Cancer.

Cancer Support Community - Central Indiana
(formerly The Wellness Community)
5150 West 71st Street, Indianapolis, IN 46268
(317) 257-1505 Fax: (317) 254-4534
www.twc-indy.org

For all cancers: offers free educational programs, various support groups; and other formal and informal cancer and social events.

Casting for Recovery Indiana Program
Midwest/South
888-553-3500 www.castingforrecovery.org

Provides no cost retreats incorporating fly-fishing instruction, social support, counseling, education and medical information, for women who have or have had breast cancer.

Catherine Peachey Breast Cancer Prevention Program
Connie Rufenbarger 317-278-7576
www.cancer.iu.edu/programs/breast/c_peachey.php

The Catherine Peachey Breast Cancer Prevention Program of the IU Simon Cancer Center was created to assess breast cancer risk in women and aid in risk reduction and early detection of breast cancer.

Cleaning for a Reason
www.cleaningforareason.org

As a nonprofit serving the entire United States and Canada, they partner with maid services to offer professional house cleanings to help women undergoing treatment for cancer, any type of cancer.

Creating Hope

11134 Windermere Blvd., Fishers, IN 46037
(317) 595-8513 www.creatinghope.us

Creating Hope provides art materials to cancer patients in the form of inspirational "Hope Kits."

Family Service of Central Indiana, Inc.

615 N. Alabama St., Suite 320
Indianapolis, IN 46204
317-634-6341 http://www.family-service-inc.org

To preserve and strengthen families in times of crisis, change, and growth through counseling, education and support.

Gennesaret Free Clinic

615 N. Alabama Street; Ground Floor Suite B
Indianapolis, IN 46204
bwarren@gennesaret.org
317-639-5645 www.gennesaret.org

Well Women Clinics; Women's Health Case Management for uninsured and Wishard Advantage Clients.

Indiana Women In Need (I.W.I.N.) Foundation

P.O. Box 30648, Indianapolis, IN 46220
(317) 475-0565 1-866-900-IWIN (4946)
www.iwinfoundation.org

Via a grant process, provides services such as childcare, housekeeping, lawn care, in-home pet care, and personal errands. Applicants for small grant assistance must be a legal resident of Indiana undergoing treatment for breast cancer to qualify for consideration

Komen for the Cure Breast Cancer Foundation

Indianapolis Affiliate, Pyramids Bldg 2, 7th floor
3500 DePauw Blvd, Ste 2070, Indpls, IN 46268
(317) 638-CURE (800) 462-9273
www.komenindy.org

Mission is to eradicate breast cancer. Funds research and awards competitive grants to central Indiana organizations for special programs.

Little Red Door Cancer Agency

1801 North Meridian St., Indianapolis, IN 46202
(317) 925-5595 www.littlereddoor.org

Fighting cancer is tough enough, but it's even harder when you don't have medical insurance or the resources to afford proper care. Little Red Door Cancer Agency strives to make the most of life and the least of cancer, by reducing the physical, emotional, and financial burdens of cancer for the medically underserved residents of Central Indiana

Little Red Door-Cancer Services of East Central Indiana

401 W. Jackson St.; Muncie, IN 47305
(765) 284-9063 denise@littlereddooreci.org

Serves all cancer types. Assists medically underserved and low income residents of central Indiana. Based on income eligibility offers low cost mammograms, certain medical supplies, wigs, prostheses; and transportation to treatment centers.

Olcott Center for Cancer Education

619 West First St., Bloomington, IN
812-353-5669 www.bhcancer.org

Offers registered nurse educators to provide one-on-one education with clients and their family members, an extensive lending library, weekly support groups, patient advocacy and some individualized financial assistance. Free educational talks and materials are always available to groups, schools, businesses and individuals.

Pink-4-Ever, Inc.

6240 La Pas Trail, Indianapolis, IN 46268
317-682-4944 www.pink-4-ever.org

Pink-4-Ever is dedicated to reducing breast cancer disparities in the African American community through empowerment, education and support.

Sisters Network, Inc.

PO Box 361686, Indianapolis, IN 46236
317-823-1466

The leading voice and the only National African American breast cancer survivorship organization in the United States.

Young Survival Coalition of Central Indiana

6990 Hillsdale Ct. Indianapolis, IN 46250
317-682-HOPE
http://youngsurvival.org/centralindiana

Targets women under 40; produces and distributes literature to reach young women with breast cancer, the medical community, and general public; engages in advocacy for better treatment options and health legislation.

YWCA Women's Cancer Program

605 N. 6th Street; Lafayette, IN 47901
765-742-4375 1-800-770-9004
www.ywca.org/lafayette

Early detection of breast and cervical cancer saves women's lives. The YWCA offers a national program called ENCOREplus®-a breast and cervical cancer program that provides outreach, education and screening mammograms to women who are most in need and lack access to needed breast health services. The program is run by women for women, through the YWCA. Free services include education about breast and cervical cancer and referrals for low-cost or free screening exams.



CLINICAL TRIALS

You may have an opportunity to participate in a clinical trial. Clinical trials are research studies that involve patient volunteers to help find different ways to treat diseases, including breast cancer. Each study is different and is focused on answering specific questions and helping find better ways to prevent, diagnose, and treat cancer.

Participants in clinical trials receive a carefully designed treatment. In some cases, the best treatment may be available ONLY in a research study. Despite what you may have heard, people who participate in clinical trials are not “guinea pigs”. An informed consent will explain details of the clinical trial, possible side effects, and potential risks and benefits, and participants may withdraw their decision to participate at any time for any reason. Clinical trials are a very important part of finding new cancer treatments. Today’s research helps to improve tomorrow’s cancer care. The more people who participate in clinical trials, the sooner questions can be answered and more people can benefit.

Being part of a clinical trial is a personal decision. You may wish to talk to your family and loved ones, as well as those providing your health care. Please talk to your nurse coordinator if you have any questions about clinical trials and which ones are being offered locally.

A PATIENT'S GUIDE TO CLINICAL TRIALS

http://www.curetoday.com/assets/documents/pocketguide_clintrialweb.pdf

Visit the following website to learn about local clinical trials.

1. [Breast Cancer Trials.org](http://www.breastcancertrials.org) (415) 476-5777
https://www.breastcancertrials.org/bct_nation/home.seam
2. [I.U.P.U.I. Indianapolis](https://www.indianactsi.org/clinicaltrial?term=breast&orderBy=title_purpose&enrolling_yes=true&task=search&orderDirection=ASC) (317) 278-2176
https://www.indianactsi.org/clinicaltrial?term=breast&orderBy=title_purpose&enrolling_yes=true&task=search&orderDirection=ASC
3. [I.U. Simon Cancer Center](http://www.cancer.iu.edu/sip/SIPControlServlet?hdn_function=SIP_PROTOCOL_LISTINGS&disease_site=Breast%20Cancer) (888) 600-4822
http://www.cancer.iu.edu/sip/SIPControlServlet?hdn_function=SIP_PROTOCOL_LISTINGS&disease_site=Breast%20Cancer
4. [National Cancer Institute Listing of Clinical Trials in Indiana](http://www.cancer.gov/clinicaltrials/search/results?protocolsearchid=7361652) (800) 4-CANCER (422-6237)
<http://www.cancer.gov/clinicaltrials/search/results?protocolsearchid=7361652>
5. [St. Francis Hospital and Health Centers](http://clinicaltrials.stfrancishospitals.org/search.aspx) (317) 528-5000
<http://clinicaltrials.stfrancishospitals.org/search.aspx>
6. [St. Vincent Hospitals](http://www.stvincent.org/St-Vincent-Indianapolis/Healthcare-Services/Cancer-Care.aspx) (317) 338-2345
<http://www.stvincent.org/St-Vincent-Indianapolis/Healthcare-Services/Cancer-Care.aspx>

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