

# Pink Letter

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## 2017 Calendars Still Available



The Pink Ribbon Connection 2017 Breast Cancer Survivor Calendar is on sale now for \$15.00. [Click Here](#) to get yours today!

## The ABCs of Surviving Cancer

Sponsored Content  
PUBLISHED: 1/21/17  
[www.curetoday.com](http://www.curetoday.com)

Khevin Barnes, a male breast cancer survivor, explains how attitude, belief and courage can help someone in their fight against cancer and "lighten their load" to

## Lymphedema Got You Down? Thursday, February 16

Join us Thursday, February 16, 5:30-7:00PM at the Pink Ribbon Connection office for a special evening of information and conversation about lymphedema - what is it, warning signs, prevention and treatment options. Come hear Barbara Feltman, a physical therapist specializing in lymphedema, present on this important topic.

Please RSVP by [Clicking here](#), replying to this message or by calling 317-255-7465. Free dinner will be served. Parking is located in the lot across from Subway, next to the Brass Ring Restaurant.

## Big 10 Thinks Pink ~ March 4

Help Pink Ribbon Connection raise money and awareness for breast cancer on Saturday, March 4th at Bankers Life Fieldhouse as part of "Big Ten Thinks Pink" at the 2017 Big Ten Women's Basketball Tournament.



The Big Ten will donate a portion of every semifinals ticket purchased to Pink Ribbon Connection! Purchase your tickets for \$10 and \$5 will come back to Pink Ribbon Connection.

Collection buckets will be located inside the Indiana University Health Entry Pavilion at Bankers Life Fieldhouse on game day for additional donations. Wear pink to the game to show your support.



Tickets can be purchased through our website at [www.pinkribbonconnection.org](http://www.pinkribbonconnection.org). You can also purchase tickets at the Pink Ribbon Connection office or call to have them mailed.

## thirty-one Party ~ February 22



Join us as we host a thirty-one fundraiser! Please come to the party at our office on Wednesday evening, February 22, at 6:00PM. Our thirty-one representative, Brandy Schroeder, will show us some great products and help raise money to support the work of Pink Ribbon Connection. Please spread the word and bring your friends! You may also [click here](#) and order your merchandise and we will still receive the benefit of the sales. Please call us at 317-255-7465 to let us know you are coming to the party, so we can have plenty of great snacks on hand for you!

carry on. [Click here to read more.](#)

## Kroger Community Rewards

YOU CAN HELP! Just shop, swipe your Plus card and earn rewards for Pink Ribbon Connection.

1. Visit [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com)
2. Locate Indiana and click "Enroll Now"
3. Sign in to your online account or create an account
4. Select Pink Ribbon Connection, and click "Save"

Pink Ribbon Connection will start earning rewards on all qualifying purchases made using your Plus Card! Sign up today!

## THANK YOU!

Pink Ribbon Connection would like to thank our recent donors and volunteers. We cannot exist without your kind and generous support!

### JANUARY DONORS

Alpha Sigma Chapter of Sigma Gamma Rho Sorority  
Angie Beatty  
Bottoms Up Burlesque  
Debbie Curts  
Danquist Family  
Kroger Community Rewards  
Jennifer Lange  
Ashley Newsom  
Maureen Surak  
Thrivent Financial  
Debra Wilson

## Volunteer Orientation ~ February 23

We are looking for volunteers who are interested in participating on committees, working at events and health fairs, or helping with office administration. There are volunteer opportunities for everyone! Please join us on February 23, from 5:30-7:00, at the Pink Ribbon Connection office, located at 1139 Shelby Street, Indianapolis, IN 46203 for Volunteer Orientation.

Parking is available in the lot behind the Brass Ring Lounge or on any of the nearby streets. Free dinner will be served. Please let us know if you will attend. We look forward to seeing all of you, and are excited about having your help as we work to provide support, information and resources to those touched by breast cancer in Central Indiana.

Sign up today! Please let us know you will be coming by replying to this message or by calling 317-255-7465.

## Wellness Ministry 2017 Annual Health Fair ~ February 25

Visit the Pink Ribbon Connection booth at the Olivet Missionary Baptist Church Annual Health Fair, 4141 N. High School Road, Indianapolis from 11am-3pm on February 25.

## Take a Chance on a Family Heirloom!

Raffle tickets are on sale now for this uniquely patterned queen size quilt. The fine finishing on this extraordinary quilt is evident in the over 500 hours of ALL hand quilting. The estimated value of this quilt is over \$1,500.

Tickets are \$5 each or 5 tickets for \$20. [Click Here](#) to purchase them online or send a check to Pink Ribbon Connection at 1139 Shelby St, Indpls 46203. Be sure to include your address so we can mail the ticket stubs to you and a phone number to call if you win. Proceeds benefit breast cancer patients and survivors in Indiana. Stop in our office to see an amazing example of quilting magic!



## MARK YOUR CALENDAR

### Upcoming Pink Ribbon Events

## Pink Night at the Indy Fuel Hockey Game ~ March 18

We want to send a special Thank You to all of our supporters. As a token of our deep appreciation, we are offering **FREE** tickets to the first 250 requests to attend Pink Night with the Indy Fuel Hockey on Saturday, March 18, at 7:35PM at the Indiana Farmers Coliseum, Indiana State Fairgrounds.

Reply to this message or call 317-255-PINK (7465) and let us know how many tickets to send you. We will mail them to you or you may pick them up at our office at 1139 Shelby Street, between 9:00 and 5:00. Be sure to let us know you are coming. Feel free to invite family and friends to take advantage of this offer, too!

In memory of Jerry Whitten

~Donald & Doris Hagen  
~Charles & Jo Sibley



Southport High School and Kohl's Volunteer Team raised \$1,300 for PRC!

## **VOLUNTEERS**

### Office Administration

Debbie Curts  
Shirley Conover

### Social Media

Kathy Maeglin

## **Clinical Trials Awareness**

Clinical trials are research studies that evaluate new treatments, combinations, and doses; better methods for diagnosing or preventing the disease; and new ways to improve quality of life for cancer patients.

[Click here for A PATIENT'S GUIDE TO CLINICAL TRIALS](#)

Click below to learn about local clinical trials.

[Breast Cancer Trials.org](http://Breast Cancer Trials.org)

## **Volunteer Appreciation Gathering Thursday, March 23**

All individuals who have ever volunteered for Pink Ribbon Connection are invited to attend the upcoming Volunteer Appreciation Gathering on March 23rd at the Pink Ribbon Connection office. If you have ever worked an event, staffed the Pink Ribbon Connection booth at a health fair, acted as a peer counselor for a newly diagnosed patient, helped out in the office or took home patients packets to fill, this party is for you! Come join your fellow volunteers, have some good food, and meet the 2017 volunteer of the year. The party will be from 5:30-7:00 at 1139 Shelby Street. Please let us know if you will attend. We want to thank you and celebrate the great work of our PRC volunteers!

## **Full Body Wellness ~ Thursday, April 20**

Bring your friends. Your mom. Your sister. Or just bring yourself. Hosted by Pat Moon, Franciscan Health Wellness Coordinator, this event is a chance to be inspired and focus on your full body health. We will have experts to discuss reflexology, massage, acupuncture and relaxation and treatment techniques. Join us Thursday, April 20, from 5:30-7:00pm at Pink Ribbon Connection, 1139 Shelby Street, Indianapolis. RSVP today by calling 317-255-7465 or replying to this message. Free dinner will be served. Parking is located in the lot across from Subway, next to the Brass Ring Restaurant.

## **Walking for Dreams SAVE THE DATE: Sunday, May 21**

Pink Ribbon Connection is excited to be a part of the 2017 Walking for Dreams event! Our goal is to have 100 people participate in this year's event. The walk is held at the Downtown Canal at Buggs Temple. Interested in sponsoring? Contact us at 317-255-PINK (7465) for more information.

## **Other Organizations' Events**

**IWIN Pink Pajama Party Fundraiser, February 17** at the Marriott North Keystone at the Crossing. I.W.I.N. Foundation supports women statewide currently receiving treatment for breast cancer by securing and paying for individual services that relieve emotional, physical and financial burdens. [Click Here for Details](#) and to register. Deadline February 9.

**Stay Alert, Stay Alive Breast Health Summit, February 25** from 8:30am-3:00pm at the Indianapolis Urban League, 777 Indiana Avenue, Indianapolis. This summit will give health professionals and community members tools for fighting this disparity, and together, find solutions to reduce the breast cancer death rate for African American women in Indianapolis. Please contact the R.E.D. Alliance Steering Committee 317-426-9384 or [redallianceindy@gmail.com](mailto:redallianceindy@gmail.com) for questions or more information. [Click Here to Register](#)

**Casting for Recovery(CfR), May 19-21 and August 18-20** CfR is an organization whose mission is to enhance the quality of life of women with breast cancer through a unique retreat program that combines breast cancer education and peer support with the therapeutic sport of fly fishing. To apply online or learn more about Casting for Recovery Indiana and their upcoming events and news, [Click Here](#)

[I.U.P.U.I. Indianapolis](#)

[I.U. Simon Cancer Center](#)

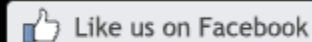
[National Cancer Institute Listing of Clinical Trials in Indiana](#)

[St. Francis Hospital and Health Centers](#)

[St. Vincent Hospitals](#)

**2017 Board of Directors**

Chair-Amy Hanna  
Vice Chair-Beth Kiggins  
Treasurer- Carol Richards  
Secretary- Kristina Trinkle  
Jennifer Baker  
Debbie Curtis  
Julie Morales  
Ashley Newsom  
Ellen Roberts  
Victor Schneider  
Michelle Scott

 Like us on Facebook

**Free Meetings and Teleconferences**

- Feb 2, 1:30pm [Moving Beyond \(Thursday series\) Franciscan Health](#)
- Feb 2, 2:30pm [Caregiver Support Group-Franciscan Health](#)
- Feb 2, 6:30pm [Family & Friends Support Group- CSC](#)
- Feb 2, 6pm [Breast Cancer Speaker-Community Health South](#)
- Feb 6, 6pm [Yoga - IU Health North](#)
- Feb 7, 10am [Cancer Support Group- St. Vincent](#)
- Feb 7, 6pm [Cancer Support Group- St. Vincent](#)
- Feb 7, 6pm [Women's Support Group- Community Health North](#)
- Feb 7, 6pm [Men's Support Group- Community Health North](#)
- Feb 6, 6pm [Friends and Family-Franciscan Health](#)
- Feb 6, 6pm [Living with Cancer-Franciscan Health](#)
- Feb 6, 6pm [Cancer Grads-Franciscan Health](#)
- Feb 6, 6pm [Caregiver Support Group- St. Vincent](#)
- Feb 7, 6pm [Moving Beyond \(Tuesday series\) Franciscan Health](#)
- Feb 7, 10am [Cancer Support Group- St. Vincent](#)
- Feb 7, 6pm [Cancer Support Group- St. Vincent](#)
- Feb 9, 9:30am [Breast Cancer Coffee Club- IU Health West](#)
- Feb 9, 2:30pm [Caregiver Support Group-Franciscan Health](#)
- Feb 9, 1:30pm [Moving Beyond \(Thursday series\) Franciscan Health](#)
- Feb 9, 6:30pm [Family & Friends Support Group- CSC](#)
- Feb 11, 9:30am [Breast Cancer Support Group- CSC](#)
- Feb 11, 11:30pm [Restorative Breast Yoga - CSC](#)
- Feb 13, 12pm [Look Good.....Feel Better - Franciscan Health](#)
- Feb 13, 6pm [Living with Cancer-Franciscan Health](#)
- Feb 13, 6pm [Cooking for Health - IU Health North](#)
- Feb 14, 6pm [Moving Beyond \(Tuesday series\) Franciscan Health](#)
- Feb 16, 2:30pm [Caregiver Support Group-Franciscan Health](#)
- Feb 16, 1:30pm [Moving Beyond \(Thursday series\) Franciscan Health](#)
- Feb 16, 6:30pm [Family & Friends Support Group- CSC](#)
- Feb 20, 6pm [Spiritual Offerings - IU Health North](#)
- Feb 21, 6pm [Cancer Support Group-St. Vincent](#)
- Feb 21, 10am [Cancer Support Group- St. Vincent](#)
- Feb 20, 6pm [Friends and Family-Franciscan Health](#)
- Feb 20, 6pm [Living with Cancer-Franciscan Health](#)
- Feb 21, 6pm [Moving Beyond \(Tuesday series\) Franciscan Health](#)
- Feb 23, 2:30pm [Caregiver Support Group-Franciscan Health](#)
- Feb 23, 1:30pm [Moving Beyond \(Thursday series\) Franciscan Health](#)
- Feb 23, 6:30pm [Family & Friends Support Group- CSC](#)
- Feb 27, 6pm [Wellness Series: Writing for Wellness, Immunity and Empowerment-IU Health North](#)
- Feb 27, 6pm [Living with Cancer-Franciscan Health](#)
- Feb 27, 6pm [Caregiver Support Group- St. Vincent](#)
- Feb 28, 6pm [Moving Beyond \(Tuesday series\) Franciscan Health](#)
- Feb 28, 6pm [Cancer Support Group-St. Vincent](#)
- Feb 28, 10am [Cancer Support Group- St. Vincent](#)
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- Mar 2, 2:30pm [Caregiver Support Group-Franciscan Health](#)
- Mar 2, 1:30pm [Moving Beyond \(Thursday series\) Franciscan Health](#)
- Mar 2, 6:30pm [Family & Friends Support Group- CSC](#)