

# Pink Letter

## IN THIS ISSUE

[Quilt Raffle](#)

[Thank You](#)

[2017 Board of Directors](#)

[Speaking To Your Children About Breast Cancer](#)

[Stars of Pink](#)

[Upcoming Events](#)

[Tea Tastings](#)

[Free Meetings](#)

[Clinical Trials](#)

## Take a Chance on a Family Heirloom!



Raffle tickets are on sale now for this ALL hand sewn quilt valued at over \$1,500. Tickets are \$5 each or 5 tickets for \$20. [Click Here](#) to purchase them online or send a check to Pink Ribbon Connection at 1139 Shelby St, Indpls 46203.

## Speaking To Your Children About Breast Cancer ~ Tuesday, August 22

Pink Ribbon Connection will host a gathering to discuss how to speak to your children about breast cancer and treatment. Join us **Tuesday, August 22** at the Pink Ribbon Connection office, located at 1139 Shelby Street in Indianapolis from 5:30-7:00pm.



Jackie Maxwell, a child psychologist, will lead this discussion and provide information on how to best communicate with your children.

We encourage all breast cancer patients to bring their children to this important and useful session. Childcare will be provided as well as kid friendly food and goodie bag!

Please RSVP by Friday, August 18. A light dinner will be served. Call Pink Ribbon Connection today at 317-255-7465, or reply to this message to let us know you are coming. We look forward to seeing you! Park free in the lot across from Subway, next to the Brass Ring Restaurant.

## "Stars of Pink" Invitations Will Be Mailed The Week Of August 7



Invitations to the "Stars of Pink" Breast Cancer Survivor Fashion Show will be mailed the week of August 7. If you do not receive yours, please contact us at 317-255-PINK (7465). This year the show will be held on Saturday, October 14, at 10:00am at the Indianapolis Downtown Marriott.

**Antiperspirant Use  
OK for Women Getting  
Breast Radiation**

Sponsored Content  
PUBLISHED BY

[www.curetoday.com](http://www.curetoday.com)

Women undergoing radiation treatment for breast cancer can resume using antiperspirants without worrying about additional skin irritation, a new study has found. [Click here](#) to read the complete article.

**THANK YOU!**

Pink Ribbon Connection would like to thank our recent donors and volunteers. We cannot exist without your kind and generous support!

**JULY DONORS**

Ramona Adams ~ *in memory of Amanda Kelly*  
Ann Dryer ~ *in memory of Amanda Kelly*  
Franciscan Health  
Nancy Groff ~ *in memory of Mary Rope*  
Honda Manufacturing of Indiana  
Jayson & Amy McGrath  
The MSD of Lawrence Township Transportation Dept. ~ *in memory of Mary Rope*  
Barri Rairdon ~ *in memory of Amanda Kelly*  
L. Stein  
Sue Stroup  
Ryan Whitney  
Roger & Marolyn Yoder ~ *in memory of Mary Rope*

**VOLUNTEERS**

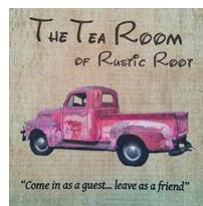
Joan Adams  
Dale Howell  
Marjorie Butler  
Jennie Combs  
Debbie Curtis  
Sharon David  
Bev D'Eramo  
Poolie Edesess  
Savannah Edington

Seating is based on the date payment is received, so be sure to send in your reservation today! [Click here to reserve your seat](#). For more information contact Dori Sparks-Unsworth at 317-255-PINK (7465) or [info@PinkRibbonConnection.org](mailto:info@PinkRibbonConnection.org).

**MARK YOUR CALENDAR  
Upcoming Pink Ribbon Events**

**Come Taste the Pink Ribbon Chari-Tea**

Whether you are fighting cancer, trying to prevent it, or just love tea and want to support a good cause, Pink Ribbon Chari-Tea Raspberries and Cream Green Tea blend is sure to meet your needs. [Nelson's Tea](#) has created a special Pink Ribbon Connection Tea to be sold online and in local tearooms. A portion of each sale will be donated to Pink Ribbon Connection to assist breast cancer patients in Indiana. Sit back, sip, and relax while this purposeful brew nourishes your mind, body and soul at one of the events listed below.



**Friday, August 18**  
10:00 a.m. - 1:00 p.m.  
[Rustic Root Tearoom](#)  
626 Main Street  
Beech Grove, IN 46107



**Friday, August 25**  
10:00 a.m. - 1:00 p.m.  
[HoiTea ToiTea](#)  
6283 North College Avenue  
Indianapolis, IN 46220

**Other Organizations' Events**

**TOWN HALL MEETINGS convened by the R.E.D. Alliance.** [Click here](#) to see the locations, dates and times, then register to attend by emailing [redallianceindy@gmail.com](mailto:redallianceindy@gmail.com) or calling 317-426-9384. *If you need a breast exam, mammogram or other breast health services, they will have information at each town hall meeting to help connect you with free or low-cost, convenient services.*

**Aromatherapy** ~ A new program at the Cancer Support Community will take place on Tuesday, **August 6** at 6:00. Join CSC in welcoming Shirley Wagle, as she teaches us the basics of aromatherapy, the benefits of using essential oils, and what essential oils you may want to start using in your daily routine. [Click here](#) to learn more or call 317-257-1505.

**Lymphedema: What You Need to Know** ~ A Live Web Stream from Living Beyond Breast Cancer. Join them **August 16** to learn about the causes of lymphedema and early prevention strategies. During this free webinar their guest panelist will discuss the treatments available for managing lymphedema, the latest research and how it could impact you, ways for you to safely perform every-day activities and how to maintain quality of life and lifestyle goals. [Click here](#) to register or learn more.

## Free Meetings and Teleconferences

Paula Hershey	Aug 1, 6pm <a href="#">Cancer Support Group-St. Vincent</a>
Emma Kelly	Aug 1, 10am <a href="#">Cancer Support Group- St. Vincent</a>
Grace Kelly	Aug 1, 6pm <a href="#">Wellness Series: Yoga-IU Health North</a>
Marcia Kelly	Aug 3, 6:30pm <a href="#">Family &amp; Friends Support Group- CSC</a>
Beth Kiggins	Aug 3, 2:30pm <a href="#">Caregiver Support Group-Franciscan Health</a>
Kandy Kinker	Aug 3, 6pm <a href="#">Lucy Stroub, Fig Leaf Boutique-Community Health South</a>
Julie Morales	Aug 7, 6pm <a href="#">Cancer Grads-Franciscan Health</a>
Ashley Newsom	Aug 7, 6pm <a href="#">Living with Cancer-Franciscan Health</a>
Ashley Raisor	Aug 7, 6pm <a href="#">Friends and Family-Franciscan Health</a>
Ellen Roberts	Aug 7, 6pm <a href="#">Caregiver Support Group- St. Vincent</a>
Nitza Rosario	Aug 8, 6pm <a href="#">Cooking for Health - IU Health North</a>
Judy Roseth	Aug 8, 10am <a href="#">Cancer Support Group- St. Vincent</a>
Beverley Scott	Aug 8, 6pm <a href="#">Cancer Support Group- St. Vincent</a>
Michelle Scott	Aug 10, 6:30pm <a href="#">Family &amp; Friends Support Group- CSC</a>
Margie Scheffield	Aug 10, 2:30pm <a href="#">Caregiver Support Group-Franciscan Health</a>
Pat Sturtz	Aug 11, 9:30am <a href="#">Breast Cancer Coffee Club- IU Health West</a>
Ann Throop	Aug 12, 9:30am <a href="#">Breast Cancer Support Group- CSC</a>
Andrea Vidaurre	Aug 12, 11:30am <a href="#">Restorative Breast Yoga- CSC</a>
Carol Walters	Aug 14, 6pm <a href="#">Living with Cancer-Franciscan Health</a>
Tiana Wright	Aug 14, 1pm <a href="#">Look Good...Feel Better- IU Health West</a>
<u>Office Administration</u>	Aug 15, 6pm <a href="#">Wellness Series: Spiritual Offerings-IU Health North</a>
Shirley Conover	Aug 17, 2:30pm <a href="#">Caregiver Support Group-Franciscan Health</a>
Janeen Mintch	Aug 21, 6pm <a href="#">Caregiver Support Group- St. Vincent</a>
	Aug 21, 6pm <a href="#">Friends and Family-Franciscan Health</a>
<u>Social Media</u>	Aug 21, 17, 6pm <a href="#">Living with Cancer-Franciscan Health</a>
Kathy Maeglin	Aug 22, 10am <a href="#">Cancer Support Group- St. Vincent</a>
	Aug 22, 6pm <a href="#">Cancer Support Group- St. Vincent</a>
<b>2017 Board of Directors</b>	Aug 24, 2:30pm <a href="#">Caregiver Support Group-Franciscan Health</a>
Chair-Amy Hanna	Aug 24, 6:30pm <a href="#">Family &amp; Friends Support Group- CSC</a>
Vice Chair-Beth Kiggins	Aug 28, 6pm <a href="#">Caregiver Support Group- St. Vincent</a>
Treasurer- Carol Richards	Aug 29, 10am <a href="#">Cancer Support Group- St. Vincent</a>
Secretary- Kristina Trinkle	Aug 29, 6pm <a href="#">Cancer Support Group- St. Vincent</a>
Jennifer Baker	Aug 22, 6pm <a href="#">Livestrong-IU Health North</a>
Debbie Curts	Aug 31, 2:30pm <a href="#">Caregiver Support Group-Franciscan Health</a>
Ann Kavalec	Aug 31, 6:30pm <a href="#">Family &amp; Friends Support Group- CSC</a>
Julie Morales	Aug 31, 1:30pm <a href="#">Moving Beyond (Thursday series) Franciscan Health</a>
Ashley Newsom	
Ellen Roberts	
Nitza Rosario	
Victor Schneider	
Michelle Scott	

## Clinical Trials Awareness

Clinical trials are research studies that evaluate new treatments, combinations, and doses; better methods for diagnosing or preventing the disease; and new ways to improve quality of life for cancer patients.

### [Click here for A PATIENT'S GUIDE TO CLINICAL TRIALS](#)

Click below to learn about local clinical trials.

[Breast Cancer Trials.org](#)

[I.U.P.U.I. Indianapolis](#)

[I.U. Simon Cancer Center](#)

[National Cancer Institute Listing of Clinical Trials in Indiana](#)

[St. Francis Hospital and Health Centers](#)

[St. Vincent Hospitals](#)

